



Mental health and aging: how social isolation impacts older adults

Thursday, June 18th, 2020

6:30 p.m. | Online via Zoom

Please join us on June 18th at 6:30pm for a conversation about mental health and aging. Dr. Tyler Corson, a gerontologist on the faculty of VCU's College of Health Professions, will lead a discussion of The Impacts of Social Isolation on Older Adults and Families. While loneliness and social isolation are not new topics in aging, COVID-19 and "social distancing" practices have brought them to the forefront. Come hear about the broad health impacts of isolation and learn strategies for coping and for #SocialConnecting for you and your family members.

Speaker: Tyler Corson, PhD, Gerontologist

This program is open to the public. All are welcome.

To join via Zoom: Enter the meeting link in to your browser

*<https://zoom.us/j/91763081088>; enter meeting i.d. 917-6308-1088 in to your Zoom app;
or join via phone by calling 1-213-338-8477 and using the meeting i.d. above*