

## Senior Services (cont.)

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| <b>Department for Aging and Rehabilitative Services</b><br><i>Adult Protective Services Division, Community Based Services Division, Disability Determination Services, Division for Rehabilitative Services Division, Division for Aging,</i> | 800-552-5019<br>8004 Franklin Farms Dr<br>Henrico, VA 23229             |
| <b>Norfolk Department of Human Services-Adult Services</b><br><i>Senior resources and information</i>  | 757-664-6000<br>741 Monticello Ave<br>Norfolk, VA 23510                 |
| <b>Seniors Aging Gracefully</b><br><i>Provides advocacy, education, community programs, resources and information for persons age 55 and better.</i>   | 757-409-3342<br>1251 West 42nd St<br>Norfolk, VA 23508<br>www.srsag.com |
| <b>Senior Services of Southwest Virginia</b><br><i>Provides services in advocacy, education, advanced care planning, information, and other comprehensive services</i>   | 757-461-9481<br>6350 Center Dr, Bldg 5, Ste 101<br>Norfolk, VA 23502    |
| <b>Virginia Navigator</b><br><i>Search for local services, helpful tips, and answers</i>   | Check the website for services<br>www.virginiannavigator.org            |

2-1-1 Virginia is a free service that can help you find the local resources you need. We are here for you 24 hours a day, 7 days a week.

<https://211virginia.org>

For additional resources please check out our other Resource Guides

Volumes: A, B, C, and E

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| <b>Volume A</b> | <i>Clothes Closets<br/>Employment Training &amp; Assistance<br/>Food Pantries/ Nutrition Services<br/>Shelters/ Day Services/ Housing Services</i> |
| <b>Volume B</b> | <i>Medical/Dental<br/>Mental Health Support<br/>Substance Abuse<br/>Gender/Sexuality Support</i>   |
| <b>Volume C</b> | <i>Household Assistance<br/>Government Resources<br/>ID Services<br/>Information &amp; Referral<br/>Transportation</i>                             |
| <b>Volume E</b> | <i>Courts/ Jail Ministry<br/>Re-entry<br/>Legal Resources</i>  |

Revised 7/2021

## Norfolk Community Partner Resource Guides

### Volume D: DIFFERENTLY ABLED IMMIGRATION MILITARY/VETERANS SENIOR SERVICES



Prepared by:  
**Norfolk Re-Entry Council, Community Involvement  
Committee**  
**Norfolk Emergency Preparedness & Response Office**  
July 2021 Edition



The Norfolk Re-Entry Council focuses on the key barriers to successful offender re-entry, including: Employment and Education, Housing, Financial Obligations and Resources, Social Reintegration, and Physical and Mental Health/Substance Abuse.

The Community Involvement Committee focuses on strengthening partnerships with faith-based organizations and collaborates on initiatives that will enhance our community. The goal is to utilize the unique network of organizations in the Norfolk community to address the needs of returning citizens.

## EMERGENCY CONTACTS

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| Police/Fire/Rescue                              | 911          |
| American Red Cross                              | 804-780-2250 |
| Child Protective Services                       | 757-664-6022 |
| Child Help national Child Abuse Hotline         | 800-422-4453 |
| LGBTQ Partner Abuse and Sexual Assault Hotline  | 800-838-8238 |
| National Domestic Abuse Hotline                 | 800-799-7233 |
| Norfolk Community Services Board                | 757-664-7690 |
| Norfolk Poison Control Center                   | 800-222-1222 |
| Suicide Prevention Lifeline                     | 800-273-8255 |
| Virginia Family Violence/Sexual Assault Hotline | 800-838-8238 |
| YWCA Women's Crisis Hotline                     | 757-251-0144 |

## Military/Veterans (cont.)

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| <b>Tutor.com</b><br>Free, personalized tutoring help for military families available online 24/7   | 800-411-1970  |
| <b>VA Career Works</b><br>Support in reaching career goals and connections to other veteran programs and services.   | 757-461-7537 Ext. 365<br>757-461-7597 Ext. 367  |
| <ul style="list-style-type: none"> <li><b>Homeless Veterans Reintegration Program (HVRP)</b><br/>Assists, promotes, and improves employability and employment status among very low income veterans; supportive Services for Veteran Families (SSVF) aims to promote and improve housing stability among very low-income veteran families</li> <li><b>Virginia Employment Commission</b><br/>Veterans from all periods of military service are eligible for job referral, job training and job placement assistance; also work with active duty currently transitioning out of the military</li> </ul> | 757-858-1360<br>5700 Thurston Ave, Ste 101<br>Virginia Beach, VA 23455<br><br>861 Glenrock Rd, Ste 100<br>Norfolk, VA 23502 |
| <b>VA Homeless Resources</b><br>Provides Assistance to homeless Veterans and their families  | 877-424-3838<br>Chat available  |
| <b>Virginia Office of the Attorney General</b><br>Military & Veterans Legal Resource Guide: Employment, consumer protection, education, taxes, family law, other laws that impact military families and veterans   | <a href="http://www.oag.state.va.us">www.oag.state.va.us</a>  |
| <b>Virginia Veteran &amp; Family Support Services Region V</b><br>Assessment of individual and family needs and direct provision of needed medical   | 804-786-0286<br><a href="http://www.dvs.virginia.gov">www.dvs.virginia.gov</a>  |
| <b>Virginia Navigator</b><br>Search for local services, helpful tips, and answers  | <a href="http://www.virginiannavigator.org">www.virginiannavigator.org</a>  |
| <b>Vets House-Incorporated</b><br>A 12-month program providing contemporary living quarters in a group environment, assistance in job hunting, transportation, personal skills, and development guidance   | 757-724-8617  |

## Senior Services

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| <b>Catholic Charities of Eastern Virginia</b><br>In-home respite; life coach services for adults with chronic disease; guardianship/conservatorship caregiving for individuals deemed incapacitated by the courts with no family to take care of them | 757-533-5217<br>1301 Colonial Ave<br>Norfolk, VA 23517 |
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## Military/Veterans (cont.)

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| <p><b>Hampton VA Medical Center</b><br/>Medical services for veterans</p> <ul style="list-style-type: none"> <li>• <b>Homeless Patient Aligned Care (H-PACT)</b><br/><i>Primary care, mental health referral, walk-in services for homelessness, veteran re-entry case management services.</i></li> <li>• <b>VA Outreach Services</b><br/><i>Programs for at-risk veterans and their families including homelessness; employment; healthcare; homeless veterans dental program; homeless patient aligned care teams (H-PACTs)</i></li> <li>• <b>Veteran Center</b><br/><i>Readjustment counseling</i></li> </ul> | <p>757-722-9961<br/>100 Emancipation Dr<br/>Bldg. 138, Homeless Pact<br/>Hampton, VA 23667</p> <p>757-722-9961 Ext.3817<br/>977-424-3838<br/>Homeless Crisis Hotline<br/>800-273-8255, Press 1</p> <p>757-623-7584<br/>877-927-8387<br/>1711 Church St<br/>Norfolk, VA 23504</p> |
| <p><b>Virginia Department of Veterans Services - Help Lines</b><br/><i>National help line; USMC 24 hour call center; Crisis link; National Domestic Violence Hotline; Virginia Veteran and Family Support program line; suicide prevention line; 2-1-1 Virginia Resource Directory</i></p>  | <p>101 North 14th Street, 17th Floor<br/>Richmond, VA 23219<br/>All number available on website<br/>Text available at 838255</p>   |
| <p><b>Naval Station Norfolk Advocate Services</b><br/><i>Military Recreation and community resources</i></p>  | <p>757-438-3504<br/>757-444-2230<br/>757-444-2102</p>  |
| <p><b>Naval Legal Business Outreach Center</b><br/><i>Assistance with personal civil legal matters; notary services; educate eligible persons and command representatives regarding personal legal rights and responsibilities excluding military justice or actions against the U.S. government</i></p>  | <p>757-341-4470 Quarter Deck<br/>757-341-4489 Legal</p>  |
| <p><b>ODU Veterans Business Outreach Center</b><br/><i>Provides entrepreneurial development services to eligible veterans who own or are considering starting a new business</i></p>  | <p>Old Dominion University<br/>Norfolk, VA 23529<br/>VBOC@odu.edu</p>  |
| <p><b>Operation Homefront</b><br/><i>Financial assistance; food assistance; repairs; help for families of service members and wounded warriors</i></p>  | <p>210-659-7756<br/>1355 Central Parkway, Ste100<br/>San Antonio, TX 78323</p>   |
| <p><b>TCC Center for Military and Veterans Education</b><br/><i>Assistance with military education benefits and applying for courses</i></p>  | <p>757-822-7645<br/>855-399-7480<br/>Andrews Bldg, 315 Granby St.<br/>Norfolk, VA 23510</p>  |
| <p><b>TriCare Medical Appointment Center</b><br/><i>Locating Tricare services; making appointments; benefits questions; claims; complaints; report fraud and abuse</i></p>  | <p>www.tricare.mil<br/>See numbers listed on website</p>   |

## Differently Abled

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| <p><b>Ability Center of Virginia (formerly Cerebral Palsy of Virginia)</b><br/><i>Adult day social and recreation program and weekend activities; art-works; respite weekends for parents; summer camp; parent support group</i></p>   | <p>757-497-7474<br/>5825 Arrowhead Dr, Ste 201<br/>Virginia Beach, VA 23462<br/>www.abilitycenter.org</p>   |
| <p><b>Access Virginia</b><br/><i>Provides open captioning for deaf/hard of hearing arts patrons (CART) and audio descriptions for the blind/visually impaired attendees</i></p>  | <p>757-276-1761<br/>accessvirginia@gmail.com</p>  |
| <p><b>ARC of Virginia</b><br/><i>Promotes and protects the human rights of people with intellectual and developmental disabilities</i></p>   | <p>804-649-8481<br/>2147 Staples Mill Rd<br/>Richmond, VA 23230<br/>info@thearcofva.org</p>   |
| <p><b>Catholic Charities of Eastern Virginia</b></p> <ul style="list-style-type: none"> <li>• <i>Life coach services for adults with chronic diseases</i></li> <li>• <i>Guardianship/conservatorship caregiving for individuals deemed incapacitated by the courts with no family to take of them</i></li> <li>• <i>Representative payee program for individuals at risk of being financially exploited</i></li> </ul> | <p>757-533-5217</p> <p>Life Coach 757-875-0060 ext 1033</p> <p>Guardianship/Conservatorship<br/>757-467-7707</p> <p>Representative Payee<br/>757-456-2366<br/>1301 Colonial Ave<br/>Norfolk, VA 23517</p> |
| <p><b>CHKD Care Connection</b><br/><i>Provides case management and care coordination services; assistance with obtaining health insurance</i></p>  | <p>757-668-7132<br/>601 Children's Ln<br/>Norfolk, VA 23507</p>   |
| <p><b>Department for Aging and Rehabilitative Services</b><br/><i>Provides and advocates for resources and services to improve the employment, quality of life, independence of seniors, individuals with disabilities and their families</i></p>  | <p>800-552-5019<br/>8004 Franklin Farms Dr<br/>Henrico, VA 23229<br/>dars@dars.virginia.gov</p>   |
| <p><b>Disability Law Center of Virginia</b><br/><i>Protection and advocacy for Virginians with disabilities</i></p>  | <p>800-552-3962<br/>1512 Willow Lawn Drive, Ste 100<br/>Richmond, VA 23230</p>  |
| <p><b>Eggleston Services</b><br/><i>Employment programs, day support and life enhancement, residential services, education and training programs</i></p>   | <p>757-858-8011<br/>1161 Ingleside Rd, Ste A<br/>Norfolk, VA 23502</p>  |
| <p><b>Endeppence Center, Inc.</b><br/><i>Social security work incentives planning and assistance (WIPA) information and referral; advocacy; peer mentoring; independent living skills training; housing services; education</i></p>  | <p>757-461-8007<br/>6300 E Virginia Beach Blvd<br/>Norfolk, VA 23502</p>  |

## Differently Abled (cont.)

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| <b>Faith Inclusion Network</b><br><i>Special needs resources</i>  | 757-282-8000<br>7305 Hampton Blvd<br>Norfolk, VA 23505<br><a href="http://www.faithinclusionnetwork.org">www.faithinclusionnetwork.org</a> |
| <b>Foundation for Rehabilitation Equipment and Endowment (FREE)</b><br><i>Collects, sanitizes, repairs and gifts donated mobility equipment to uninsured and underinsured adults in Virginia</i>  | 757-771-6183<br>5624 Princess Anne Rd<br>Virginia Beach, VA 23462  |
| <b>Hope House Foundation</b><br><i>Provides service to adults with intellectual and developmental disabilities in their own homes</i>   | 757-625-6161<br>801 Boush St, #302<br>Norfolk, VA 23510  |
| <b>Learning Disabilities Association of Virginia</b><br><i>Enhancing educational and vocational services for individuals with learning disabilities</i>   | 712-341-1515<br>4156 Library Rd<br>Pittsburgh, PA 15234-1349<br><a href="mailto:info@davirginia.org">info@davirginia.org</a>               |
| <b>Norfolk Community Services Board</b><br><i>Mental health, intellectual disability, and substance abuse treatment</i>   | 757-823-1600<br>225 West Olney Rd<br>Norfolk, VA 23510   |
| <b>Infant-Toddler Connection</b><br><i>Provides services to families with special needs children aged birth to three, including service coordination, speech language therapies; physical, occupational, and developmental services</i> | 757-441-1186<br><a href="mailto:CSBITC@norfolk.gov">CSBITC@norfolk.gov</a>   |
| <b>Norfolk Therapeutic Recreation Center</b><br><i>Program utilize recreation to help individuals with temporary impairments</i>  | 757-441-1764<br>180 E Evans St<br>Norfolk, VA 23503  |
| <b>Parent Educational Advocacy Training Center</b><br><i>Provides assistance with the educational and service maze; develop effective communication; develop self advocacy and organizational skills</i>                                | 703-923-0010<br>800-869-6782<br>8003 Forbes Pl, #310<br>Springfield, VA 22151  |
| <b>Project Lifesaver</b><br><i>Provides radio transmitter bracelets to individuals with cognitive issues, including but not limited to dementia, autism, or down syndrome, at risk for wandering away</i>                               | 877-580-LIFE<br><a href="http://www.projectlifesaver.org">www.projectlifesaver.org</a>   |
| <b>Social Security Administration</b><br><i>Retirement, SSI, Medicare, and disability benefits</i>  | 800-772-1213<br>5850 Lake Herbert Dr<br>Norfolk, VA 23502  |
| <b>The UP Center</b><br><i>Provides summer camp and recreation; sponsored family homes; financial management</i>  | 757-354-3819<br><a href="mailto:info@theupcenter.org">info@theupcenter.org</a>   |

## Differently Abled (cont.)

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| <b>Todd Rosenlieb Dance</b><br><i>Classes for people with down syndrome adaptive classes for students on the autism spectrum</i>  | 757-626-3262<br>325 Granby St<br>Norfolk, VA 23510<br><a href="mailto:frontdesk@trdance.org">frontdesk@trdance.org</a> |
| <b>WHRO Voice</b><br><i>Radio reading service; provides free voice radios to the legally blind and individuals with reading or physical disabilities</i>  | 757-889-9379<br>5200 Hampton Blvd<br>Norfolk, VA 23508   |
| <b>William and Mary Special Education Advocacy Law PEL Clinic</b><br><i>Assist students with disabilities and their family with eligibility or individualized education program meetings, discipline matters, mediation</i> | 757-221-5735<br><a href="mailto:Email:pele@wm.edu">Email:pele@wm.edu</a>   |

## Immigration

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| <b>Commonwealth Catholic Charities</b><br><i>Adjustment of status; asylum applications; consular processing; deferred action for childhood arrivals (DACA); employment authorization; employment-based immigrant and non immigrant petitions; family-based petitions; NACARA</i> | 757-247-6300 ext.306<br>12284 Warwick Blvd, 1A<br>Newport News, VA 23606 |
| <b>Virginia Organizing Project</b><br><i>Immigration resources</i>   | 434-984-4655<br>703 Concord Ave<br>Charlottesville, VA 22903             |

## Military/Veterans

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| <b>American Legion Post 37</b><br><i>Veterans benefit assistance</i>   | 757-858-3985   |
| <b>American Red Cross</b><br><i>24/7/365 emergency communications services for armed forces and their families; coping with deployments; obtaining sufficient evidence to support claims for VA benefits</i>             | 757-446-7762<br>877-272-7337                           |
| <b>DAV Chapter #4</b><br><i>Support for veterans and their families</i>  | 757-857-5056<br>2428 Ingleside Rd<br>Norfolk, VA 23513 |
| <b>Fleet and Family Services</b><br><i>Free parenting and life skill programs; financial programs; deployment support; transition and employment assistance; relocation assistance; counseling and victim assistance</i> | 800-372-5463   |