
LIVE NFK: AN INTERNS PERSPECTIVE

It's Just Cat Food



The Mistake

I recently ordered my cat some new food. I didn't put that much thought into the order. When I got it though, it really hit me how *not* environmentally friendly it was. Individual single portion plastic cups. I basically doubled the amount of waste I produce feeding my cat in one online shopping trip.

The Understanding

But we learn. We remember. We try and try again. You're not a terrible person for leaving the water running while you brush your teeth. Neither am I a terrible person for accidentally ordering unnecessary, and wasteful, single serving portion cups. We all have something to work on. We live in a consume and dispose society. So much of our waste is pure habit, born of convenience. The bright side is, habits can change. Next time I order cat food, it's back to the regular cans (that I can recycle)!

Looking for ideas to reduce waste from pet care? [Check out this list.](#)

