



YOUR CHILD STEP-BY-STEP

Your child's early development is a journey. Here are some key signs along the road to being Ready By 5!

2-3 YEARS

Copies adults and friends

Carries on a conversation

Climbs well

Follows simple directions

Plays make-believe
Shows affection for friends

Sorts objects by size, shape, color

Plays with other children
Tells stories

3-5 YEARS

Hops and stands on one foot
Speaks clearly

Says name, age, and gender

Draws a person with a few body parts

Counts 10 or more things

Does puzzles with 3-4 pieces

Knows what's real and what's make-believe

Understands "same" and "different"

For more information, please visit

Norfolk.gov/ReadyBy5

Information provided by the Centers for Disease Control and Prevention



YOUR ROLE STEP-BY-STEP



SUPPORTING YOUR CHILD

2-3 YEARS

READ books together

Encourage **CREATIVITY** and **PRETEND PLAY**

PLAY follow the leader

Help her **EXPLORE THINGS** on walks or rides

Help him tell you his **NAME** and **AGE**

Teach her **SIMPLE SONGS** like *Itsy Bitsy Spider*

PRAISE and give **ATTENTION** for good behavior

SUPPORTING YOUR CHILD

3-5 YEARS

Continue to **READ!** Take her to the library or bookstore

Give him **SIMPLE CHORES**

Encourage her to **SHARE** and **HAVE FRIENDS**

Be **CLEAR** and **CONSISTENT** with discipline

SPEAK to him in complete sentences and "grown-up" words

TEACH her how to handle disappointment

Parenting is hard work!
Take care of yourself.